

List of Acceptable Foods and Beverages

LIST 4 BAKED GOODS

This list includes baked products that meet the Connecticut Nutrition Standards for the "Snacks and Desserts" category, including pastries, muffins, bagels, soft pretzels, french toast, waffles and pancakes. Foods are evaluated for compliance based on the amount as served including any added accompaniments such as butter, cream cheese and ketchup. For more information on the Connecticut Nutrition Standards, see the CSDE's Connecticut Nutrition Standards Web page at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322422>.

Product formulations and packaging can change. The nutrition information below is based on the package label or manufacturer information supplied at the time of product review. If this information does not match your product's label, please submit the product to the Connecticut State Department of Education (CSDE) so this information can be updated. For more information, see the CSDE's handout, *Submitting Food and Beverage Products for Approval* , at <http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/SubmittingProducts.pdf>.

The CSDE's *List of Acceptable Foods and Beverages* is updated regularly and is subject to change. Check online for the most recent version at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322422>. Contact information for listed vendors is available in *Contact Information for Vendors* at <http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/nutrition/fblast/VendorContactInfo.pdf>.

To assist in identifying new items added since the previous edition of this list, the manufacturer and food item (first two columns) of all new items are highlighted in pink. Items in red will not meet the standards as of July 1, 2014.

The nutritional value of baked goods meeting the Connecticut Nutrition Standards varies. The CSDE encourages schools to identify better choices by reviewing nutrient content, and also choosing foods that meet the following five "better choice" recommendations (see green and white columns on right):

- No partially hydrogenated oils (Labels can claim "0" trans fat and still contain these sources of trans fat.)
- No artificial flavors or colors
- No high fructose corn syrup
- At least 2.5 grams of fiber (a "good" source of fiber as defined by the Food and Drug Administration)
- 100% whole grain (all grains are whole)

The CSDE strongly encourages schools to ensure that a la carte food choices include a variety of minimally processed and whole foods that are naturally nutrient rich, such as fruits, vegetables, whole grains, low-fat or nonfat dairy, lean meats and legumes.

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

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				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Aryzta, LLC (Otis Spunkmeyer)	Otis Spunkmeyer Delicious Essentials Apple Cinnamon Muffin, Made with Whole Grain, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	160	5.0	28.1%	1.0	5.6%	0	120	2	14.0	27.4%	X	X	X		Item 03745; UPC 0-13087-03745-6; Case UPC 100-30870-37453-3	7/26/13	X	X	X		
Aryzta, LLC (Otis Spunkmeyer)	Otis Spunkmeyer Delicious Essentials Banana Muffin, Made with Whole Grain, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	170	5.0	26.5%	1.0	5.3%	0	180	1	15.0	29.4%	X	X	X		Item 03705; UPC 0-13087-01045-9; Case UPC 100-13087-01045-6	7/26/13	X	X	X		
Aryzta, LLC (Otis Spunkmeyer)	Otis Spunkmeyer Delicious Essentials Blueberry Muffin, Made with Whole Grain, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	160	5.0	28.1%	1.5	8.4%	0	120	2	14.0	27.4%	X	X	X	Costa, HPC, M&R, Thurston	Item 03700; UPC 0-13087-03705-0; Case UPC 100-13087-03705-7	7/26/13	X		X		

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Aryzta, LLC (Otis Spunkmeyer)	Otis Spunkmeyer Delicious Essentials Chocolate Chip Muffin, Made with Whole Grain, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	160	5.0	28.1%	1.5	8.4%	0	110	2	15.0	29.4%	X	X	X	Costa, HPC, M&R, Thurston	Item 03720; 0-13087-03720-3; Case UPC 100-13087-03720-0	7/26/13	X	X	X			
	B&S Bialy, Brooklyn Bagel A.C.E. Specialties LLC	Bialy Roll with Seeds, 2.3 oz	2.3 oz	65	None	170	0.0	0.0%	0.00	0.0%	0	220	3	<1	0.0%	X	X	X	M&R	UPC 7-57129-00016-8. Not WGR. Approved only through June 30, 2014.	8/29/13	X	X	X		
	B&S Bialy, Brooklyn Bagel A.C.E. Specialties LLC	Bialy Roll, 2.3 oz	2.3 oz	65	None	170	0.0	0.0%	0.00	0.0%	0	220	3	<1	0.0%	X	X	X	M&R	UPC 7-57129-00020-5. Not WGR. Approved only through June 30, 2014.	8/29/13	X	X	X		
Bagelman	Bagel, Cinnamon Raisin, 2.5 oz	2.5 oz	71	None	200	0.5	2.3%	0.0	0.0%	0.0	290	2	5	7.1%	X	X	X	Bagelman	No code. Approved only through June 30, 2014, due to sodium content and not WGR.	8/2/13	X	X	X			
Bagelman	Bagel, Everything, 2.5 oz	2.5 oz	71	None	170	0.5	2.6%	0.0	0.0%	0.0	350	1	1	1.4%	X	X	X	Bagelman	No code. Approved only through June 30, 2014, due to sodium content and not WGR.	8/2/13	X	X	X			
Bagelman	Bagel, Plain, 3 oz	3.0 oz	85	None	200	0.5	2.3%	0.0	0.0%	0.0	335	2	1	1.2%	X	X	X	Bagelman	No code. Approved only through June 30, 2014, due to sodium content and not WGR.	8/2/13	X	X	X			
Bagelman	Bagel, Poppy Seed, 2.5 oz	2.5 oz	71	None	180	1.5	7.5%	0.0	0.0%	0.0	270	2	1	1.4%	X	X	X	Bagelman	No code. Approved only through June 30, 2014, due to sodium content and not WGR.	8/2/13	X	X	X			
Bagelman	Bagel, Sesame Seed, 2.5 oz	2.5 oz	71	None	180	2.0	10.0%	0.0	0.0%	0.0	270	2	<1	0.0%	X	X	X	Bagelman	No code. Approved only through June 30, 2014, due to sodium content and not WGR.	8/2/13	X	X	X			

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					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine				
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Bagels by Bell	Blueberry Bagel, 2.3 oz	2.3 oz	65	None	170	0.5	2.6%	0.0	0.0%	0	190	3	5.0	7.7%	X	X	X	M&R	Code 74869. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X		X	X			
Bagels by Bell	Cinnamon Raisin Bagel, 2.3 oz	2.3 oz	65	None	170	0	0.0%	0.0	0.0%	0	180	3	6.0	9.2%	X	X	X	M&R	Code 73570. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X	X	X	X			
Bagels by Bell	Cinnamon Raisin Bagel, 51% whole grain, 1.8 oz	1.8 oz	51	WGR	140	0.5	3.2%	0.0	0.0%	0	150	4	4.0	7.8%	X	X	X		Code 88903	5/6/14	X	X	X	X			
Bagels by Bell	Cinnamon Raisin Bagel, 51% whole grain, 2 oz	2 oz	57	WGR	150	0.5	3.0%	0.0	0.0%	0	160	4	5.0	8.8%	X	X	X		Code 88904	5/6/14	X	X	X	X			
Bagels by Bell	Cinnamon Raisin Bagel, 51% whole grain, 2.3 oz	2.3 oz	65	WGR	170	0.5	2.6%	0.0	0.0%	0	180	5	5.0	7.7%	X	X	X		Code 88905	5/6/14	X	X	X	X			
Bagels by Bell	Everything Bagel, 2.3 oz	2.3 oz	65	None	170	1	5.3%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 74865. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X	X	X	X			
Bagels by Bell	Everything Bagel, 51% whole grain, 1.8 oz	1.8 oz	51	WGR	140	0.5	3.2%	0.0	0.0%	0	150	4	3.0	5.9%	X	X	X		Code 88911	5/6/14	X	X	X	X			
Bagels by Bell	Everything Bagel, 51% whole grain, 2 oz	2 oz	57	WGR	150	0.5	3.0%	0.0	0.0%	0	170	4	3.0	5.3%	X	X	X		Code 88912	5/6/14	X	X	X	X			
Bagels by Bell	Everything Bagel, 51% whole grain, 2.3 oz	2.3 oz	65	WGR	170	1	5.3%	0.0	0.0%	0	190	5	4.0	6.1%	X	X	X		Code 88913	5/6/14	X	X	X	X			
Bagels by Bell	French Toast Bagel, 2.3 oz	2.3 oz	65	None	170	0	0.0%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 74864. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13				X			
Bagels by Bell	Garlic Bagel, 2.3 oz	2.3 oz	65	None	170	0	0.0%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73578. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X	X	X	X			

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					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes							No caffeine	
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Bagels by Bell	Multigrain Bagel, 2.3 oz	2.3 oz	65	None	170	0.5	2.6%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73568. Not WGR. Approved only through June 30, 2014.	7/16/13	X	X	X	X	
Bagels by Bell	Onion Bagel, 2.3 oz	2.3 oz	65	None	170	0	0.0%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73570. Not WGR. Approved only through June 30, 2014.	7/16/13	X	X	X	X	
Bagels by Bell	Plain Bagel, 2.3 oz	2.3 oz	65	None	170	0	0.0%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73576. Not WGR. Approved only through June 30, 2014.	7/16/13	X	X	X	X	
Bagels by Bell	Poppy Seed Bagel, 2.3 oz	2.3 oz	65	None	170	1	5.3%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73579. Not WGR. Approved only through June 30, 2014.	7/16/13	X	X	X	X	
Bagels by Bell	Pumpernickel Bagel, 2.3 oz	2.3 oz	65	None	170	0.5	2.6%	0.0	0.0%	0	190	4	4.0	6.1%	X	X	X	M&R	Code 73585. Not WGR. Approved only through June 30, 2014.	7/16/13	X	X	X	X	
Bagels by Bell	Sesaem Seed Bagel, 51% whole grain, 2 oz	2 oz	57	WGR	150	1	6.0%	0.0	0.0%	0	170	4	3.0	5.3%	X	X	X		Code 88900	5/6/14	X	X	X	X	
Bagels by Bell	Sesaem Seed Bagel, 51% whole grain, 2.3 oz	2.3 oz	65	WGR	170	1.5	7.9%	0.0	0.0%	0	190	5	3.0	4.6%	X	X	X		Code 88901	5/6/14	X	X	X	X	
Bagels by Bell	Sesame Seed Bagel, 2.3 oz	2.3 oz	65	None	180	1	5.0%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73573. Not WGR. Approved only through June 30, 2014.	7/16/13	X	X	X	X	
Bagels by Bell	Sesame Seed Bagel, 51% whole grain, 1.8 oz	1.8 oz	51	WGR	140	1	6.4%	0.0	0.0%	0	150	4	3.0	5.9%	X	X	X		Code 88899	5/6/14	X	X	X	X	

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				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Bagels by Bell	Spinach Bagel, 2.3 oz	2.3 oz	65	None	150	0	0.0%	0.0	0.0%	0	350	3	3.0	4.6%	X	X	X	M&R	Code 79232. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	7/16/13	X	X	X	X	
Bagels by Bell	Sundried Tomato Bagel, 2.3 oz	2.3 oz	65	None	170	0	0.0%	0.0	0.0%	0	200	3	4.0	6.1%	X	X	X	M&R	Code 73579. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X	X	X	X	
Bagels by Bell	Wheat Bagel, 51% whole grain, 2 oz	2 oz	57	WGR	150	0.5	3.0%	0.0	0.0%	0	170	4	3.0	5.3%	X	X	X		Code 88897	5/6/14	X	X	X	X	
Bagels by Bell	Whole Wheat Bagel, 2.3 oz	2.3 oz	65	None	170	0.5	2.6%	0.0	0.0%	0	190	3	4.0	6.1%	X	X	X	M&R	Code 73575. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X	X	X	X	
Bagels by Bell	Whole Wheat Bagel, 2.3 oz	2.3 oz	65	WGR	170	0.5	2.6%	0.0	0.0%	0	190	4	4.0	6.1%	X	X	X	M&R	Code 7FBS311	4/23/14	X	X	X	X	X
Bake Crafters Food Company	Bagel, Whole Grain Sliced, Bulk, 2.2 oz	2.2 oz	62	WGR	160	0.5	2.8%	0.0	0.0%	0	280	4	4.0	6.4%	X	X	X	M&R	007-37410-93600-0. 53% whole grain. <b>Approved only through June 30, 2014.</b>	7/31/13	X	X	X	X	
Bake Crafters Food Company	Bagel, Whole Grain Sliced, Individually Wrapped, 1.9 oz	1.9 oz	54	WGR	120	0.5	3.8%	0.0	0.0%	0	210	2	3.0	5.6%	X	X	X	M&R, Sysco CT	Code 959; Case UPC 007-37410-95900-9. 53% whole grain.	7/31/13	X	X	X	X	
Bake Crafters Food Company	Bagels, Honey Wheat with 33% Whole Grain, Sliced Bulk, 2 oz	2 oz	57	None	130	0.5	3.5%	0.0	0.0%	0	230	2	3.0	5.3%	X	X	X	M&R, Sysco CT	007-37410-95900-9. 33% whole grain. <b>Not WGR. Approved only through June 30, 2014.</b>	7/31/13	X	X	X		
Bake Crafters Food Company	Bagels, Honey Whole Grain, Sliced, 6 pack, 2.8 oz	2.8 oz	79	?	180	0.5	2.5%	0.0	0.0%	0	320	3	5.0	6.3%	X	X	X	M&R, Sysco CT	007-37410-62500-3. 53% whole grain. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/31/13	X	X	X	X	

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Bake Crafters Food Company	Bagels, Mini, Whole Grain, Individually Wrapped, 1 oz	1 oz	28	WGR	70	0.0	0.0%	0.0	0.0%	0	125	2	2.0	7.1%	X	X	X	M&R, Sysco CT	Code 980; Case UPC 007-37410-98000-3. 53% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Bagels, Whole Grain, Sliced, Individually Wrapped, 2.8 oz	2.8 oz	79	WGR	180	1.0	5.0%	0.0	0.0%	0	310	4	5.0	6.3%	X	X	X	M&R, Sysco CT	007-37410-66900-7. 53% whole grain. Approved only through June 30, 2014, due to sodium content.	7/31/13	X	X	X	X	
Bake Crafters Food Company	Bread Sticks, Whole Grain, Brown and Serve, Pan Baked 7-inch, 1.8 oz	1.8 oz	51	WGR	140	3.0	19.3%	1.5	9.6%	0	220	3	2.0	3.9%	X	X	X	M&R, Sysco CT	Code 4005; Case UPC 007-37410-40050-1. 52% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Bread Sticks, Whole Grain, Pan Baked, 7 inch, 1.5 oz	1.5 oz	43	WGR	120	2.5	18.8%	1.0	7.5%	0	180	2	2.0	4.7%	X	X	X	M&R, Sysco CT	Code 5009; Case UPC 007-37410-50090-4. 52% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Bread Sticks, Whole Grain, Pan Baked, 8 inch, 1.5 oz	1.5 oz	43	WGR	120	2.5	18.8%	1.0	7.5%	0	180	2	2.0	4.7%	X	X	X	M&R, Sysco CT	Code 4057; Case UPC 007-37410-40570-4. 52% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Cinnamon Roll, Mini, Whole Grain, Individually Wrapped, 1.5oz	1.5 oz	43	WGR	140	4.0	25.7%	0.0	0.0%	0	160	2	9.0	21.2%	X	X	X	M&R	007-37410-11680-8. 53% whole grain. Approved only through June 30, 2015 (contains partially hydrogenated oils).	8/7/13			X		
Bake Crafters Food Company	Croissants, Margarine, Whole Grain, Reduced Fat, Sliced, 2.2 oz	2.2 oz	62	WGR	200	6.0	27.0%	2.0	9.0%	0	230	3	3.0	4.8%	X	X	X	M&R, Sysco CT	Code 3258; Case UPC 007-37410-32580-4. 57% whole grain.	7/31/13	X		X	X	
Bake Crafters Food Company	Dinner Rolls, Whole Grain, Hearth Baked, Split Top, Bulk, 1 oz	1 oz	28	WGR	60	0.0	0.0%	0.0	0.0%	0	95	1	1.0	3.5%	X	X	X	M&R, Sysco CT	Code 4010; Case UPC 007-37410-40100-3. 54% whole grain. Special Order.	7/31/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Bake Crafters Food Company	Dinner Rolls, Whole Grain, Hearth Baked, Spilt Top, Individually Wrapped, 1 oz	1 oz	28	WGR	60	0.0	0.0%	0.0	0.0%	0	95	1	1.0	3.5%	X	X	X	M&R, Sysco CT	Code 4027; Case UPC 007-37410-40270-3. 54% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Dinner Rolls, Yeast, Whole Grain, Proof and Bake, 1.7 oz	1.7 oz	48	WGR	130	1.5	10.4%	0.0	0.0%	0	115	3	7.0	14.5%	X	X	X	M&R, Sysco CT	Code 9612; Case UPC 007-37410-96120-0. 51% whole grain.	7/31/13	X	X	X	X	
Bake Crafters Food Company	English Muffins, Whole Grain, Sliced, 3.5-inch, 2 oz	2 oz	57	WGR	120	1.5	11.3%	0.0	0.0%	0	250	2	1.0	1.8%	X	X	X	M&R	007-37410-80200-8. 51% whole grain. Approved only through June 30, 2014, due to sodium content.	8/7/13	X	X	X		
Bake Crafters Food Company	Grain Apple Cinnamon, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	150	4.0	24.0%	1.0	6.0%	0	170	2	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 413; Case UPC 007-37410-41300-6.	7/31/13	X	X	X		
Bake Crafters Food Company	Mini Loaf, Whole Grain Banana, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	160	4.5	25.3%	1.0	5.6%	0	190	2	14.0	24.7%	X	X	X	M&R, Sysco CT	Code 412; Case UPC 007-37410-41200-9.	7/31/13	X	X	X		
Bake Crafters Food Company	Mini Loaf, Whole Grain Blueberry Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	150	4.5	27.0%	1.0	6.0%	0	180	2	13.0	22.9%	X	X	X	M&R, Sysco CT	Code 411; Case UPC 007-37410-41100-2. 31% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Muffin, Apple Cinnamon Low Fat, (Individually Wrapped), 2 oz	2 oz	57	None	130	0.5	3.5%	0.0	0.0%	0	75	0	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 1362; Case UPC 007-37410-13620-2. Contains only enriched flour. Approved only through June 30, 2014.	7/31/13	X	X			

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Bake Crafters Food Company	Muffin, Apple Cinnamon, Whole Grain Fortified, Reduced Fat, Individually Wrapped, 2 oz	2 oz	57	WGR	150	4.0	24.0%	1.0	6.0%	0	170	2	12.0	21.2%	X	X	X	Acosta Foodservice	Code 1203; Case UPC 007-37410-12030-0. 73% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Muffin, Banana Low Fat, Individually Wrapped, 2 oz	2 oz	57	None	140	3.0	19.3%	0.0	0.0%	0	75	<1	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 1361; Case UPC 007-37410-13610-3. Contains only enriched flour. Approved only through June 30, 2014.	7/31/13	X				
Bake Crafters Food Company	Muffin, Blueberry Low Fat, Individually Wrapped, 2 oz	2 oz	57	None	130	0.5	3.5%	0.0	0.0%	0	75	0	11.0	19.4%	X	X	X	M&R, Sysco CT	Code 1360; Case UPC 007-37410-13600-4. Contains only enriched flour. Approved only through June 30, 2014.	7/31/13	X		X		
Bake Crafters Food Company	Muffin, Blueberry, Whole Grain Fortified, Reduced Fat, Individually Wrapped, 2 oz	2 oz	57	WGR	150	4.5	27.0%	1.0	6.0%	0	180	2	13.0	22.9%	X	X	X	Acosta Foodservice	Code 1201; Case UPC 007-37410-12010-2. 70% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Muffin, Corn, Low Fat, Individually Wrapped, 2 oz	2 oz	57	None	140	0.5	3.2%	0.0	0.0%	0	80	1	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 1364; Case UPC 007-37410-13640-0. Contains only enriched flour. Approved only through June 30, 2014.	7/31/13	X		X		
Bake Crafters Food Company	Muffin, Golden Corn, Individually Wrapped, 2.2 oz	2.2 oz	62	None	180	4.0	20.0%	0.5	2.5%	0	310	0	12.0	19.2%	X	X	X	M&R, Sysco CT	Code 1394; Case UPC 007-37410-13940-1. Approved only through June 30, 2014, due to sodium content and not WGR.	7/31/13	X	X	X		
Bake Crafters Food Company	Muffin, Whole Grain, Apple Cinnamon, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	150	4.0	24.0%	1.0	6.0%	0	170	2	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 1203; Case UPC 007-37410-12030-0. 73% whole grain.	7/31/13	X	X	X		
Bake Crafters Food Company	Muffin, Whole Grain, Banana, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	160	4.5	25.3%	1.0	5.6%	0	190	2	14.0	24.7%	X	X	X	M&R, Sysco CT	Code 1202; Case UPC 007-37410-12020-1. 73% whole grain.	7/31/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Bake Crafters Food Company	Blueberry, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	150	4.5	27.0%	1.0	6.0%	0	180	2	13.0	22.9%	X	X	X	M&R, Sysco CT	Code 1201; Case UPC 007-37410-12010-2. 73% whole grain.	7/31/13	X	X	X		X
Bake Crafters Food Company	Muffin, Whole Grain, Chocolate Chip, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	160	5.0	28.1%	1.5	8.4%	0	180	2	14.0	24.7%	X	X	X	M&R, Sysco CT	Code 1204; Case UPC 007-37410-12040-9. 73% whole grain.	7/31/13	X	X	X		X
Bake Crafters Food Company	Muffin, Whole Grain, Chocolate Chocolate Chip, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	150	5.0	30.0%	1.5	9.0%	0	160	1	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 2156; Case UPC 007-37410-21560-0. 73% whole grain.	7/31/13	X	X	X		X
Bake Crafters Food Company	Muffin, Whole Grain, Sweet Potato, Reduced Fat, Fortified, Individually Wrapped, 2 oz	2 oz	57	WGR	140	4.0	25.7%	1.0	6.4%	0	170	1	12.0	21.2%	X	X	X	M&R, Sysco CT	Code 1298; Case UPC 007-37410-12980-8. 73% whole grain.	7/31/13	X	X	X		X
Bake Crafters Food Company	Pancakes, Buttermilk Whole Grain, Bulk, (1 pancake), 1.3 oz	1.3 oz	37	WGR	90	1.0	10.0%	0.0	0.0%	0	60	2	5.0	13.6%	X	X	X	M&R, Sysco CT	Code 1475; Case UPC 007-37410-14750-5. 100% whole grain. <b>The serving size cannot exceed two pancakes.</b>	7/31/13	X	X	X		X
Bake Crafters Food Company	Pancakes, Buttermilk, Maple Cinnamon, Whole Grain, 2 pack, 2.6 oz	2.6 oz	74	WGR	110	1.5	12.3%	0.0	0.0%	0	110	4	9.0	12.2%	X	X	X	M&R, Sysco CT	Code 1478; Case UPC 007-37410-14780-2. 100% whole grain.	7/31/13	X		X	X	X
Bake Crafters Food Company	Pancakes, Whole Wheat, 2 pack, 2.6 oz	2.6 oz	74	WGR	200	3.0	13.5%	0.0	0.0%	0	310	4	14.0	19.0%	X	X	X	M&R, Sysco CT	007-37410-14760-4. 100% whole grain. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/31/13	X	X	X	X	X
Bake Crafters Food Company	Texas Toast, Whole Grain, Garlic, Reduced Fat, 1.31 oz	1.31 oz	37	WGR	100	2.5	22.5%	0.5	4.5%	0	170	2	0.0	0.0%	X	X	X	M&R, Sysco CT	Code 1605; Case UPC 007-37410-16050-4. 51% whole grain.	7/31/13	X		X		X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Bake Crafters Food Company	Waffles, Gourmet, Whole Grain (2 pack), 2.6 oz	2.6 oz	74	WGR	150	4.0	24.0%	0.5	3.0%	0	240	2	4.0	5.4%	X	X	X	M&R, Sysco CT	007-37410-14540-2. 63% whole grain. <b>Approved only through June 30, 2014, due to sodium</b>	7/31/13	X	X	X		
Bake Crafters Food Company	Waffles, Gourmet, Whole Wheat, Bulk (1 waffle), 1.3 oz	1.3 oz	37	WGR	70	2.0	25.7%	0.0	0.0%	0	120	1	2.0	5.4%	X	X	X	M&R, Sysco CT	Code 1453; Case UPC 007-37410-14530-3. 63% whole grain. <b>The serving size cannot exceed two waffles.</b>	5/14/14	X	X	X		X
Bake Crafters Food Company	Waffles, Whole Grain, Blueberry, 2 pack, 2.6 oz	2.6 oz	74	?	150	4.0	24.0%	0.5	3.0%	0	260	2	5.0	6.8%	X	X	X	M&R, Sysco CT	007-37410-15310-0. 63% whole grain. Special Order. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/31/13	X	X	X		
Bake Crafters Food Company	Waffles, Whole Grain, Cinnamon, 2 pack, 2.6 oz	2.6 oz	74	WGR	150	4.0	24.0%	0.5	3.0%	0	260	2	5.0	6.8%	X	X	X	M&R, Sysco CT	007-37410-15270-7. 63% whole grain. Special Order. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/31/13	X	X	X		
Between Rounds	Bagel, Cinnamon Raisin, 2.8 oz	2.8 oz	79	None	200	0.5	2.3%	0.0	0.0%	0.0	340	2	6	7.6%	X	X	X	Between Rounds	No code. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/5/13	X	X	X		
Between Rounds	Bagel, Everything, 2.8 oz	2.8 oz	79	None	200	1.0	4.5%	0.0	0.0%	0.0	280	2	2	2.5%	X	X	X	Between Rounds	No code. <b>Not WGR. Approved only through June 30, 2014.</b>	8/5/13	X	X	X		
Between Rounds	Bagel, Plain, 2.8 oz	2.8 oz	79	None	200	0.5	2.3%	0.0	0.0%	0.0	360	2	2	2.5%	X	X	X	Between Rounds	No code. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/5/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Block & Barrel	Soft Pretzel, 2.5 oz	2.5 oz	71	None	180	1	5.0%	0.0	0.0%	0	150	1	1.0	1.4%	X	X	X	Sysco CT	74865-58761-7; Case UPC 100-74865-58761-4. <b>Not WGR. Approved only</b>	8/7/13	X	X	X		
Bosco's Pizza Co.	Whole Grain Apple Bosco Sticks, 7-inch, 3.03 oz	3.03 oz	86	?	200	3.0	13.5%	0.5	2.3%	0.0	170	3	9	10.5%	X	X	X	HPC	Code 3072 (72 count); Case UPC 107-21931-00064-4	8/7/13	X	X	X		
Bosco's Pizza Co.	Whole Grain Apple Bosco Sticks, 7-inch, Individually Wrapped, 3.03 oz	3.03 oz	86	?	200	3.0	13.5%	0.5	2.3%	0.0	170	3	9	10.5%	X	X	X	HPC	Code 3012 (24 count); Case UPC 107-21931-00062-0 (two 24 packs)	8/26/13	X	X	X		
Boston Baking, Inc.	Bagel, Wheat, 3 oz., Bulk (12/6 packs)	3.0 oz	85	WGR	200	1.0	4.5%	0.0	0.0%	0.0	310	4	2	2.4%	X	X	X	Sysco CT	UPC 7-21915-01536-0. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/17/13	X	X	X	X	
Boston Baking, Inc.	Bagel, Wheat, 3 oz., Individually Wrapped	3.0 oz	85	WGR	200	1.0	4.5%	0.0	0.0%	0.0	310	4	2	2.4%	X	X	X	Sysco CT	UPC 7-21915-10951-9. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/17/13	X	X	X	X	
Bridgford	Honey Wheat Bake & Serve Roll, 1 oz.	1 oz	28	WGR	70	1.0	12.9%	0.0	0.0%	0	120	1	2.0	7.1%	X	X	X	American Patriot Sales, Thurston	Code 6611; UPC 000-47500-01128-0; GTIN 100-47500-01128-7. <b>Approved only through June 30, 2015 (contains partially hydrogenated oils).</b>	2/24/14			X		
Bridgford	Honey Wheat Cinnamon Roll, 2.25 oz.	2.25 oz	64	FG	180	4.5	22.5%	1.0	5.0%	0	240	3	8.0	12.5%	X	X	X		47500-01077-1; GTIN 100-47500-01077-8. <b>Approved only through June 30, 2014,</b>	2/28/14	X		X		
Bridgford	Honey Wheat Cinnamon Roll, 2.25 oz.	2.25 oz	64	None	190	4.5	21.3%	1.0	4.7%	0	260	3	8.0	12.5%	X	X	X	American Patriot Sales, Thurston	47500-01077-8. <b>Approved only through June 30, 2014, due to sodium content</b>	2/4/14			X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes							No caffeine	
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Brooklyn Bagel A.C.E. Specialty LLC	Bialy Roll, Plain with Seeds, 2.25 oz	2.25 oz	64	None	170	0.0	0.0%	0.00	0.0%	0	220	3	<1	0.0%	X	X	X	M&R Foods	Code B3003. <b>Not WGR. Approved only through June 30, 2014.</b>	8/12/2013	X	X	X		
Brooklyn Bagel A.C.E. Specialty LLC	Bialy Roll, Plain, 2.3 oz	2.3 oz	65	None	170	0.0	0.0%	0.00	0.0%	0	220	3	<1	0.0%	X	X	X	M&R Foods	Code B3002. <b>Not whole grain-rich. Approved only through June 30, 2014.</b>	8/12/2013	X	X	X		
Burry Foods	Burry Thaw N Sell Low Sodium Wheat Bagel (100% Whole Wheat), 3 oz	3 oz	85	WGR	200	1.0	4.5%	0.0	0.0%	0	190	6	6.0	7.1%	X	X	X	M&R, Thurston	UPC 108-23056-11142-4. 100% whole wheat flour.	8/21/13	X	X	X	X	X
Chabaso Bakery	Whole Grain Breadstick, 1.3 oz	1.3 oz	37	WGR	130	3.0	20.8%	0.0	0.0%	0	160	2	3.0	8.1%	X	X	X	Chabaso Bakery, M&R	Item 32085; UPC 6-06991-06520-4	8/6/13	X	X	X		X
ConAgra Foods	The Max Pancakes with Blueberry Glaze, Individually Wrapped (2 each), 3 oz	3 oz	85	WGR	190	4	18.9%	1.0	4.7%	0	270	2	11.0	12.9%	X	X	X	Acosta Food Service	UPC 0-94643-04443-9. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/16/13	X		X		
Darlington	Whole Grain Breakfast Squares, Apple Granola, 1.5 oz	1.5 oz	43	WGR	170	5.0	26.5%	1.5	7.9%	0.0	170	2	13	30.6%	X	X	X	HPC, M&R, New England Ice Cream, PFG, Sysco CT, US Foodservice	Code 24100; UPC 6-75825-24100-8; Case UPC 006-75825-24100-8. <b>Approved only through June 30, 2015 (contains partially hydrogenated oils).</b>	7/30/13					
Darlington	Whole Grain Breakfast Squares, Iced Cinnamon, 1.5 oz	1.5 oz	43	WGR	170	4.5	23.8%	1.5	7.9%	0.0	170	2	13	30.6%	X	X	X	HPC, M&R, New England Ice Cream, PFG, Sysco CT, US Foodservice	Code 24200; UPC 6-75825-24200-5; Case UPC 006-75825-24200-5	7/30/13	X	X			
Diana's Bakery	Bagels, Mini Plain, 1 oz	1 oz	28	None	70	0	0.0%	0.0	0.0%	0	115	0	0.0	0.0%	X	X	X	Diana's Bakery	CodeF1078. <b>Not WGR. Approved only through June 30, 2014.</b>	7/16/13	X	X	X		
ES Foods	Pancake Sandwich with Strawberry Flavored Glaze, Individually	3 oz	85	WGR	140	2	12.9%	0.0	0.0%	0	250	4	13.0	15.3%	X	X	X	Thurston	UPC 006-93392-16153-2.. <b>Approved only through June 30, 2014, due to sodium</b>	7/16/13	X		X	X	X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
General Mills	Pillsbury Homestyle Mini French Toast, Maple, 2.44 oz	2.44 oz	69	WGR	170	6	31.8%	1.5	7.9%	0	190	1	12.0	17.3%	X	X	X	Thurston	UPC 0-18000-27922-7; Case UPC 100-18000-27922-4	7/18/13	X		X		X
General Mills	Pillsbury Mini Muffins Blueberry, 1.6 oz	1.6 oz	45	WGR	150	5.0	30.0%	1.0	6.0%	0.0	100	1	9	19.8%	X	X	X	Thurston	UPC 0-94562-31872-7; Case UPC 100-94562-31872-4	7/18/13	X		X		X
General Mills	Pillsbury Mini Muffins Chocolate Chip, 1.6 oz	1.6 oz	45	WGR	150	5.0	30.0%	1.0	6.0%	0.0	95	1	9	19.8%	X	X	X	Thurston	UPC 0-94562-31873-4; Case UPC 100-94562-31873-1	7/18/13	X		X		X
Hadley Farms	Whole Grain Apple Flip, Individually Wrapped, 1.5 oz	1.5 oz	43	WGR	110	4	32.7%	1.0	8.2%	0	135	2	4.0	9.4%	X	X	X	Food For Thought Brokerage	Code 1052IW; UPC 0-70565-00109-5	3/10/14	X	X	X	X	X
Hadley Farms	Whole Grain Cinnamon Roll, 1.5 oz (210 count case)	1.5 oz	43	WGR	130	4.0	27.7%	1.0	6.9%	0	125	2	8.0	18.8%	X	X	X	Costa, HPC, M&R, Thurston	Code 1675; UPC 0-70565-00082-1; Case UPC 100-70565-00082-8	2/5/14	X	X	X	X	X
Hadley Farms	Cinnamon Roll, Individually Wrapped, 1.5 oz (60 count case)	1.5 oz	43	WGR	130	4.0	27.7%	1.0	6.9%	0	125	2	8.0	18.8%	X	X	X	Costa, HPC, M&R, Thurston	Code 1670IW (60 count); UPC 0-70565-00093-7; Case UPC 100-70565-00093-4	2/18/14	X		X	X	X
Hadley Farms	Cinnamon Roll, Individually Wrapped, 1.5 oz (240 count case)	1.5 oz	43	WGR	130	4.0	27.7%	1.0	6.9%	0	125	2	8.0	18.8%	X	X	X	Costa, HPC, M&R, Thurston	Code 1674IW (240 count); UPC 0-70565-00146-0; Case UPC 100-70565-00146-7	10/24/13	X	X	X	X	X
Hadley Farms	Whole Grain Cinnamon Roll, Un-Iced, Individually Wrapped, 1.5 oz	1.5 oz	43	WGR	130	4.5	31.2%	1.0	6.9%	0	135	3	6.0	14.1%	X	X	X	Food For Thought Brokerage	Code 0670IW; UPC 0-70565-00104-0	3/10/14	X	X	X	X	X
Hadley Farms	Whole Grain Guava Strawberry Flip, Individually Wrapped, 1.5 oz	1.5 oz	43	WGR	120	4	30.0%	1.0	7.5%	0	135	5	7.0	16.5%	X	X	X	Food For Thought Brokerage	Code 1050IW; UPC 0-70565-00193-4; Case UPC 100-70565-00193-1	3/10/14	X	X	X	X	X
Hadley Farms	Whole Grain Mango Flip, Individually Wrapped, 1.5 oz	1.5 oz	43	WGR	130	4.0	27.7%	1.0	6.9%	0	135	1	6.0	14.1%	X	X	X	Thurston	Code 1053IW; UPC 0-70565-00125-5; 84 count Case UPC 100-70565-00125-2	7/16/13	X	X	X		
Hadley Farms	Whole Grain Sweet Potato Swirl Roll, Individually Wrapped, 1.5 oz	1.5 oz	43	WGR	130	4	27.7%	0.5	3.5%	0	130	3	7.0	16.5%	X	X	X	Thurston	Code 1370IW; UPC 0-70565-00160-6; Case UPC 100-70565-00160-3	4/15/13		X	X	X	X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Have Your Cake and Eat It Too	Muffin, Appelleicious with Cinnamon, 2 oz	2 oz	57	WGR	150	4.0	24.0%	0.5	3.0%	0	95	3	12.0	21.2%	X	X	X	Have Your Cake and Eat It Too	Code 5033	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Banana Surprise (Zucchini Banana), 2 oz	2 oz	57	WGR	150	4.0	24.0%	0.0	0.0%	0	100	3	12.0	21.2%	X	X	X	Have Your Cake and Eat It Too	Code 5007/L	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Berry Very Blueberry, 2 oz	2 oz	57	WGR	150	4.5	27.0%	0.5	3.0%	0	100	3	11.0	19.4%	X	X	X	Have Your Cake and Eat It Too	Code 5002	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Berry White Chocolate, 2 oz	2 oz	57	WGR	150	4.5	27.0%	1.0	6.0%	0	120	3	12.0	21.2%	X	X	X	Have Your Cake and Eat It Too	Code 5010	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Bluenanaberry, 2 oz	2 oz	57	WGR	150	4.0	24.0%	0.5	3.0%	0	100	3	10.0	17.6%	X	X	X	Have Your Cake and Eat It Too	Code 5004/11	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Bluesberry Berry Surprise (with yellow squash), 2 oz	2 oz	57	WGR	150	4.0	24.0%	0.5	3.0%	0	105	3	11.0	19.4%	X	X	X	Have Your Cake and Eat It Too	Code 5923	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Chocolate Covered Raisin, 2 oz	2 oz	57	WGR	150	3.5	21.0%	0.0	0.0%	0	100	3	11.0	19.4%	X	X	X	Have Your Cake and Eat It Too	Code 5003/11	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Razzleberry Corn, 2 oz	2 oz	57	?	150	4.5	27.0%	0.5	3.0%	0	115	3	11.0	19.4%	X	X	X	Have Your Cake and Eat It Too	Code 5025	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Spinyayam "Farm to School", 2 oz	2 oz	57	WGR	140	4.5	28.9%	0.5	3.2%	0	105	3	9.0	15.9%	X	X	X	Have Your Cake and Eat It Too	Code 5013	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Strawberry Blues, 2 oz	2 oz	57	WGR	150	4.0	24.0%	0.5	3.0%	0	95	3	11.0	19.4%	X	X	X	Have Your Cake and Eat It Too	Code 5009	4/24/14	X	X	X	X	X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Have Your Cake and Eat It Too	Muffin, Vanilla Yum (Yam), 2 oz	2 oz	57	WGR	150	4.0	24.0%	0.5	3.0%	0	110	3	10.0	17.6%	X	X	X	Have Your Cake and Eat It Too	Code 5034	4/24/14	X	X	X	X	X
Have Your Cake and Eat It Too	Muffin, Very Vanilla Bean, 2 oz	2 oz	57	WGR	150	4.5	27.0%	0.5	3.0%	0	105	3	11.0	19.4%	X	X	X	Have Your Cake and Eat It Too	Code 5034/2	4/24/14	X	X	X	X	X
Horizon Food Group	Fruit Pocket, Apple, 2 oz	2 oz	57	WGR	150	5.0	30.0%	1.5	9.0%	0	170	2	12.0	21.2%	X	X	X	Thurston	Item 2501-94; UPC 0-33817-00404-1	11/25/13		X	X	X	
Horizon Food Group	Fruit Pocket, Cherry, 2 oz	2 oz	57	WGR	150	5.0	30.0%	1.5	9.0%	0	170	2	14.0	24.7%	X	X	X	Thurston	Item 2506-94; UPC 0-33817-00405-8	11/25/13		X	X	X	
Horizon Snack Foods	Fruit Pockets, Apple, 2 oz	2 oz	57	WGR	130	4.5	31.2%	1.0	6.9%	0	170	3	9.0	15.9%	X	X	X	HPC, New England Ice Cream, Sysco CT, Thurston	Item 1401-1; Case UPC 100-38817-00404-8	8/2/13		X	X	X	
Horizon Snack Foods	Fruit Pockets, Cherry, 2 oz	2 oz	57	WGR	140	4.5	28.9%	1.0	6.4%	0	115	3	11.0	19.4%	X	X	X	HPC, New England Ice Cream, Sysco CT, Thurston	Item 1401-3; Case UPC 100-38817-00405-5	8/2/13	X	X	X	X	
Integrated Food Service	Hot Off The Grill Ultra Grain Cinnamon Toast, Individually Wrapped, 2.14 oz	2.14 oz	61	?	146.38	1.66	10.2%	0.47	2.9%	0	222.41	2.16	8.07	13.3%	X	X	X	M&R	Code 411000; UPC 007-21939-14111-3	6/25/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
J&J Snack Foods	Readi-Bake Benefit Breakfast Bars, Maple Brown Sugar, 1.25 oz	1.25 oz	35	WGR	140	4	25.7%	1.0	6.4%	0.0	115	3	10	28.2%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 40452; UPC 0-73321-40452-9; UPC 100-73321-40452-6	7/25/13	X	X	X	X	
J&J Snack Foods	Readi-Bake Benefit Breakfast Bars, Mini Cranberry Orange, 1.25 oz	1.25 oz	35	WGR	140	4	25.7%	1.5	9.6%	0.0	105	3	11	31.0%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 40450; UPC 0-73321-40450-5; UPC 100-73321-40450-2	7/25/13	X	X	X	X	
J&J Snack Foods	Readi-Bake Benefit Breakfast Bars, Mini Oatmeal Chocolate Chip, 1.25 oz	1.25 oz	35	WGR	140	4	25.7%	1.5	9.6%	0.0	115	3	10	28.2%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 40454; UPC 0-73321-40454-3; UPC 100-73321-40454-0	7/25/13	X	X	X	X	
J&J Snack Foods	Readi-Bake Benefit Breakfast Bars, Mini Oatmeal Cinnamon, 1.25 oz	1.25 oz	35	WGR	140	4	25.7%	1.5	9.6%	0.0	125	3	8	22.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 40453; UPC 0-73321-40453-6; UPC 100-73321-40453-3	7/25/13	X	X	X	X	
J&J Snack Foods	Readi-Bake Benefit Breakfast Bars, Mini Oatmeal Spice, 1.25 oz	1.25 oz	35	WGR	140	4.5	28.9%	1.0	6.4%	0.0	120	3	10	28.2%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 40451; UPC 0-73321-40451-2; UPC 100-73321-40451-9	7/25/13	X	X	X	X	
J&J Snack Foods	Readi-Bake Whole Grain White Wheat Dinner Roll Dough (51% Whole Grain), 1.1 oz	1.1 oz	31	WGR	80	1	11.3%	0.0	0.0%	0	135	1	2.0	6.4%	X	X	X	HPC, Sysco CT, M & R, Thurston	Code 01519; UPC 0-24497-01519-4; UPC 000-24497-01519-4	7/25/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
J&J Snack Foods	Readi-Bake Whole Grain White Wheat Dinner Roll Dough (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	150	2	12.0%	0.0	0.0%	0	270	3	4.0	6.4%	X	X	X	HPC, Sysco CT, M & R, Thurston	24497-01509-5; UPC 000-24497-01509-5. <b>Approved only through June 30, 2014, due to sodium content.</b>	7/25/13	X	X	X		
J&J Snack Foods	Superpretzel Bavarian Pretzel Slider Roll, 1 oz.	1 oz	28	None	80	1.0	11.3%	0.5	5.6%	0	20	0	2.0	7.1%	X	X	X	M&R, Thurston	53493-07107-1; UPC 100-53493-07107-8. <b>Not WGR. Approved only through June 30, 2014 and is only for product without added</b>	7/25/13	X	X	X		
J&J Snack Foods	SuperPretzel Bavarian Whole Grain Gourmet Pretzel Roll with No Sodium (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	160	2.5	14.1%	1.0	5.6%	0	0	3	2.0	3.2%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 7051; UPC 0-53493-07051-7; UPC 100-53493-07051-4. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	SuperPretzel Cinnamon Raisin Soft Pretzels, Individually Wrapped, 2.5 oz	2.5 oz	71	None	190	1.0	4.7%	0.0	0.0%	0	220	2	5.0	7.1%	X	X	X	M&R, Thurston	Code 3180; UPC 0-73321-03180-0; UPC 100-73321-03180-7. <b>Not WGR. Approved only through June 30, 2014.</b>	7/25/13	X	X	X		
J&J Snack Foods	SuperPretzel Junior Cheese Filled Soft Pretzel (Individually Wrapped), 2.5 oz	2.5 oz	71	None	180	3.0	15.0%	1.5	7.5%	0	170	1	1.0	1.4%	X	X	X	M&R, Thurston	Code 3190; UPC 0-73321-03190-9; UPC 100-73321-03190-6. <b>Not WGR. Approved only through June 30, 2014 and is only for product without added salt.</b>	7/25/13	X	X	X		
J&J Snack Foods	Superpretzel Mini Soft Pretzels Pre-Baked, 1 oz	1 oz	28	None	70	0.5	6.4%	0.0	0.0%	0	260	1	2.0	7.1%	X	X	X	M&R, Thurston	73321-00100-1; UPC 100-73321-00100-8. <b>Approved only through June 30, 2014, due to sodium content and not WGR. Approval is only for product without added</b>	7/25/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
J&J Snack Foods	Superpretzel Soft Pretzels Pre-Baked, No Salt, 2.5 oz	2.5 oz	71	None	180	1.0	5.0%	0.0	0.0%	0	150	1	1.0	1.4%	X	X	X	M&R, Thurston	Code 3010; UPC 0-73321-00121-6; UPC 100-73321-00121-3. Not WGR. Approved only through June 30, 2014 and is only for product without added salt.	7/25/13	X	X	X		
J&J Snack Foods	Superpretzel Soft Bavarian Pretzel Stick, 2.4 oz.	2.4 oz	68	None	170	1.5	7.9%	0.0	0.0%	0	370	1	1.0	1.5%	X	X	X	M&R, Thurston (special order)	73321-03295-1; UPC 100-73321-03295-8. Approved only through June 30, 2014, due to sodium content and not WGR. Approval is only for product without added salt.	7/25/13	X	X	X		
J&J Snack Foods	Superpretzel Soft Pretzel Bites without salt (5 bites, 0.4 oz each), 2 oz	2 oz	57	None	140	0.5	3.2%	0.0	0.0%	0	110	1	1.0	1.8%	X	X	X	M&R, Thurston (special order)	Code 3085; UPC 0-73321-00115-5; UPC 100-73321-00115-2. Not WGR. Approved only through June 30, 2014 and is only for product without added salt.	7/25/13	X	X	X		
J&J Snack Foods	SuperPretzel Soft Pretzel Nuggets (51% Whole Grain), 6 pieces	2.96 oz	84	WGR	180	0.0	0.0%	0.0	0.0%	0	180	3	0.0	0.0%	X	X	X	HPC, M&R, Sysco CT, Thurston	73321-30185-9; UPC 100-73321-30185-6. Approval is only for product without added salt. Serving size cannot exceed 6	7/25/13	X	X	X	X	
J&J Snack Foods	Superpretzel Whoel Grain Soft Pretzel Rods (51% Whole Grain), 1 oz	1 oz	28	WGR	70	0.5	6.4%	0.0	0.0%	0	65	1	0.0	0.0%	X	X	X	M&R, Thurston (special order)	73321-31012-7; UPC 100-73321-31012-4. Approved is only for product without added salt.	7/25/13	X	X	X		
J&J Snack Foods	SuperPretzel Whole Grain Baked Pretzel Mini (51% Whole Grain), 1 oz	1 oz	28	WGR	70	0.5	6.4%	0.0	0.0%	0	65	1	0.0	0.0%	X	X	X	M&R, Thurston	73321-30113-2; UPC 100-73321-30113-9. Approval is only for product without added salt.	7/25/13	X	X	X		
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	73321-30110-1; UPC 100-73321-30110-8. Approval is only for product without added salt.	7/25/13	X	X	X	X	

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel FunShapes, Apple (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 34133, UPC 0-73321-34133-7; UPC 100-73321-34133-4. <b>Approval is only for product without added salt. added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel FunShapes, Heart (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 3702, UPC 0-73321-03702-4; UPC 100-73321-03702-1. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel FunShapes, Pumpkin (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	Code 3678, UPC 0-73321-03678-2; UPC 100-73321-03678-9. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel FunShapes, Shamrock (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	73321-03703-1; UPC 100-73321-03703-8. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	Grain Soft Pretzel FunShapes, Snowman (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	73321-03679-9; UPC 100-73321-03679-6. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel FunShapes, Star (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	73321-03704-8; UPC 100-73321-03704-5. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	SuperPretzel Whole Grain Soft Pretzel FunShapes, Turkey (51% Whole Grain), 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	150	3	1.0	1.6%	X	X	X	HPC, M&R, Sysco CT, Thurston	73321-03749-9; UPC 100-73321-03749-6. <b>Approval is only for product without added salt.</b>	7/25/13	X	X	X	X	
J&J Snack Foods	Superpretzel Whole Grain Soft Pretzel Rods (51% Whole Grain), 1 oz	1 oz	28	WGR	70	0.5	6.4%	0.0	0.0%	0	65	1	0.0	0.0%	X	X	X	M&R, Thurston (special order)	73321-31012-7; UPC 100-73321-31012-4. <b>Approved is only for product without added salt.</b>	7/25/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
J&J Snack Foods	SuperPretzel Whole Grain Superstix Cinnamon Bun, 2.1 oz	2.1 oz	60	?	150	2.5	15.0%	0.0	0.0%	0	115	3	8.0	13.4%	X	X	X	M&R, Thurston	Code 34153; UPC 0-73321-34153-4; UPC 100-73321-34153-1.	7/25/13	X	X	X		
J&J Snack Foods	Tio Pepe's 5-inch Apple Filled Churros (51% Whole Grain), 1.9 oz	1.9 oz	54	?	150	4.0	24.0%	1.0	6.0%	0	60	1	9.0	16.7%	X	X	X	M&R, Thurston	Code 41110; UPC 0-73321-41110-7; UPC 100-73321-41110-4.	7/25/13	X				
J&J Snack Foods	Tio Pepe's 5-inch Raspberry Filled Churros (51% Whole Grain), 1.9 oz	1.9 oz	54	?	160	4.0	22.5%	1.0	5.6%	0	60	1	9.0	16.7%	X	X	X	M&R, Thurston	Code 41112; UPC 0-73321-41112-1; UPC 100-73321-41112-8.	7/25/13	X				
J.J. Cassone Bakery, Inc.	4-inch Table Club Rolls, 1.5 oz	1.5 oz	43	None	110	1.0	8.2%	0.0	0.0%	0.0	250	1	<1	0.0%	X	X	X	Bagelman	No code. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X			
J.J. Cassone Bakery, Inc.	4-inch Table Club Wheat Rolls, 1.5 oz	1.5 oz	43	None	110	1.0	8.2%	0.0	0.0%	0.0	250	1	1	2.4%	X	X	X	Bagelman	100-72201-20316-7. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X			
J.J. Cassone Bakery, Inc.	6-inch Slice Hero Rolls, 2.3 oz	2.3 oz	65	None	170	1.5	7.9%	0.0	0.0%	0.0	380	2	1	1.5%	X	X	X	Bagelman	UPC 100-72201-10326-2. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X			
J.J. Cassone Bakery, Inc.	6-inch Wheat Hoagie, 2.3 oz	2.3 oz	65	None	170	1.5	7.9%	0.0	0.0%	0.0	380	2	1	1.5%	X	X	X	Bagelman	No code. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X			
Jafco Foods, Inc.	Whole Grain Apple Cinnamon Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	170	2	13.0	25.5%	X	X	X	Jafco Foods, Inc.	Code 73182	3/20/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Jafco Foods, Inc.	Whole Grain Banana Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	170	2	14.0	27.4%	X	X	X	Jafco Foods, Inc.	Code 72182	3/20/13	X	X	X		
Jafco Foods, Inc.	Whole Grain Blueberry Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	170	2	13.0	25.5%	X	X	X	Jafco Foods, Inc.	Code 71182	3/20/13	X	X	X		
Jafco Foods, Inc.	Whole Grain Chocolate Chip Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	160	6	33.8%	1.5	8.4%	0	170	2	15.0	29.4%	X	X	X	Jafco Foods, Inc.	Code 75182	3/20/13	X	X	X		
Jafco Foods, Inc.	Whole Grain Corn Muffin, Individually Wrapped, 1.2 oz	1.2 oz	34	WGR	110	3.5	28.6%	0.5	4.1%	0	125	1	9.0	26.5%	X	X	X	Jafco Foods, Inc.	Code 74144	4/15/14	X	X	X		
Jafco Foods, Inc.	Whole Grain Corn Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	160	5	28.1%	1.0	5.6%	0	180	2	14.0	27.4%	X	X	X	Jafco Foods, Inc.	Code 74182	3/20/13	X	X	X		
Jafco Foods, Inc.	Whole Grain Orange Cranberry Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	140	4.5	28.9%	1.0	6.4%	0	150	1	12.0	23.5%	X	X	X	Jafco Foods, Inc.	Code 76182	4/15/14	X	X	X		
JSB Industries	Aesop's Bagels, Cinnamon Raisin Bagel, Sliced, 2.5 oz	2.5 oz	71	None	180	1.5	7.5%	0.0	0.0%	0	250	3	3.0	4.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 97116; Case UPC 100-33547-97116. Approved only through June 30, 2014, due to sodium content and not WGR.	8/6/13	X	X	X	X	

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain	
JSB Industries	Aesop's Bagels, Cinnamon Raisin Bagel, Sliced, Individually Wrapped, 2.5 oz	2.5 oz	71	None	180	1.5	7.5%	0.0	0.0%	0	260	3	3.0	4.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 88116; Case UPC 100-33547-88116. <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X	X	X	X	

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
JSB Industries	Aesop's Bagels, French Toast Bagel, Sliced, Individually Wrapped, 2.5 oz	2.5 oz	71	None	180	2.0	10.0%	1.0	5.0%	0	260	3	4.0	5.6%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	100-33547-88160. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/6/13			X	X	
JSB Industries	Aesop's Bagels, Honey Whole Wheat, Sliced, Individually Wrapped, 2 oz	1.75 oz	50	WGR	130	1.0	6.9%	0.0	0.0%	0	170	2	2.0	4.0%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 86695; Case UPC 100-33547-86695.	8/6/13	X	X	X		
JSB Industries	Aesop's Bagels, Plain Bagel, Sliced, Individually Wrapped, 2.5 oz	2.5 oz	71	None	180	1.0	5.0%	0.0	0.0%	0	270	3	3.0	4.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 88129; Case UPC 100-33547-88129. <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X	X	X	X	
JSB Industries	Aesop's Bagels, Smart Choice Honey Whole Wheat, Sliced, 1.75 oz	1.75 oz	50	WGR	110	1.0	8.2%	0.0	0.0%	0	180	2	2.0	4.0%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 84695; Case UPC 100-33547-84695.	8/6/13	X	X	X		
JSB Industries	Aesop's Bagels, Smart Choice Honey Whole Wheat, Sliced, Individually Wrapped, 2.5 oz	2.5 oz	71	WGR	170	1.5	7.9%	0.0	0.0%	0	140	4	3.0	4.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 88195; Case UPC 100-33547-88195.	8/6/13	X	X	X	X	
JSB Industries	Aesop's Cheese Pizza Bagel Stuffer, Individually Wrapped, 2.5 oz	2.5 oz	71	None	170	3.5	18.5%	1.5	7.9%	0	380	2	4.0	5.6%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	100-33547-13924. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/6/13		X	X		
JSB Industries	Muffin Town Apple Cinnamon Muffin, Individually Wrapped, 2 oz	2 oz	57	None	160	6.0	33.8%	1.0	5.6%	0	190	<1	12.0	21.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 20106; Case UPC 100-33547-20106. <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X	X	X		
JSB Industries	Muffin Town Banana Muffin, Individually Wrapped, 2 oz	2 oz	57	None	180	6.0	30.0%	1.0	5.0%	0	210	<1	14.0	24.7%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 20151; Case UPC 100-33547-20151. <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X		X		
JSB Industries	Muffin Town Blueberry Muffin, 1.5 oz	1.5 oz	43	None	130	5.0	34.6%	1.0	6.9%	0	110	0	11.0	25.9%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	100-33547-19101 (8 packs of 15). <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.								
				General Standards	Nutrient Standards																					
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine			
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain	
JSB Industries	Muffin Town Corn Muffin, 1.5 oz	1.5 oz	43	None	120	3.0	22.5%	0.0	0.0%	0	210	<1	8.0	18.8%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 19105; Case UPC 100-33547-19105 (8 packs of 15). <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X	X	X			
JSB Industries	Muffin Town Corn Muffin, 1.8 oz	1.8 oz	51	None	150	3.5	21.0%	0.5	3.0%	0	250	<1	9.0	17.6%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	100-33547-42205. <b>Approved only through June 30, 2014, due to sodium content</b>	8/6/13	X	X	X			
JSB Industries	Muffin Town Corn Muffin, Individually Wrapped, 2 oz	2 oz	57	None	160	4.0	22.5%	0.5	2.8%	0	280	<1	11.0	19.4%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	100-33547-20105. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/6/13	X	X	X			
JSB Industries	Muffin Town Cranberry Muffin, Individually Wrapped, 2 oz	2 oz	57	None	170	6.0	31.8%	1.0	5.3%	0	190	<1	12.0	21.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 20102; Case UPC 100-33547-20102. <b>Not WGR. Approved only through June 30, 2014.</b>	8/6/13	X	X	X			
JSB Industries	Muffin Town Smart Choice Apple Cinnamon Loaf, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	0.5	2.6%	0	130	2	13.0	22.9%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 51666; Case UPC 10-033547-51666. 77.2% whole grain.	2/21/14	X	X	X			
JSB Industries	Muffin Town Smart Choice Apple Cinnamon Muffin, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	1.0	5.3%	0	130	2	13.0	22.9%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 02666; Case UPC 100-33547-02666. 76.3% whole grain.	8/6/13	X	X	X			
JSB Industries	Muffin Town Smart Choice Banana Loaf, Individually Wrapped, 2 oz	2 oz	57	WGR	160	4.5	25.3%	1.0	5.6%	0	200	2	14.0	24.7%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 51675; Case UPC 100-33547-51675. 73.2% whole grain.	8/6/13	X	X	X			
JSB Industries	Muffin Town Smart Choice Banana Muffin, Individually Wrapped, 2 oz	2 oz	57	?	160	4.5	25.3%	1.0	5.6%	0	200	2	14.0	24.7%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 02675; Case UPC 100-33547-02675. 73.2% whole grain.	8/6/13	X	X	X			

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS																	Better Choice Recommendations				
				General Standards	Nutrient Standards																Choose products that meet all five recommendations.				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes				No caffeine	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed					
JSB Industries	Muffin Town Smart Choice Blueberry Loaf, Individually Wrapped, 2 oz	2 oz	57	WGR	160	6.0	33.8%	1.0	5.6%	0	120	2	12.0	21.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 51661; Case UPC 100-33547-51661. 76.8% whole grain.	8/6/13	X	X	X		
JSB Industries	Muffin Town Smart Choice Blueberry Muffin, Individually Wrapped, 2 oz	2 oz	57	WGR	160	6.0	33.8%	1.0	5.6%	0	120	2	12.0	21.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 02661; Case UPC 100-33547-02661. 76.8% whole grain.	8/6/13	X	X	X		
JSB Industries	Muffin Town Smart Choice Chocolate Chip Loaf, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	1.0	5.3%	0	200	2	15.0	26.5%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 51670; Case UPC 100-33547-51670. 73.3% whole grain.	8/6/13	X	X	X		
JSB Industries	Muffin Town Smart Choice Chocolate Chip Muffins, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	1.0	5.3%	0	200	2	15.0	26.5%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 02670; Case UPC 100-33547-02670. 73.3% whole grain.	8/6/13	X	X	X		
JSB Industries	Smart Choice Honey Wheat Bagel, Individually Wrapped, 2.5 oz	2.5 oz	71	WGR	170	1.5	7.9%	0.0	0.0%	0	140	4	3.0	4.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 88195; Case UPC 100-33547-88195. 76.8% whole grain.	8/6/13	X	X	X	X	
JSB Industries	Smart Choice Honey Wheat Bagel, Sliced, 2.5 oz	2.5 oz	71	WGR	170	1.5	7.9%	0.0	0.0%	0	140	3	3.0	4.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 97195; Case UPC 100-33547-97195 (Bulk case of 84). 51.1% whole grain.	8/6/13	X	X	X	X	
JSB Industries	Smart Choice Muffin Tops, Apple, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	1.0	5.3%	0	130	2	13.0	22.9%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 57666; Case UPC 100-33547-57666. 77.1% whole grain.	8/6/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
JSB Industries	Smart Choice Muffin Tops, Banana, Individually Wrapped, 2 oz	2 oz	57	WGR	160	4.5	25.3%	1.0	5.6%	0	200	2	14.0	24.7%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 57675; Case UPC 100-33547-57675. 73.3% whole grain.	8/6/13	X	X	X		
JSB Industries	Smart Choice Muffin Tops, Blueberry, Individually Wrapped, 2 oz	2 oz	57	WGR	160	6.0	33.8%	1.0	5.6%	0	120	2	12.0	21.2%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 57661; Case UPC 100-33547-57661. 76.8% whole grain.	8/6/13	X	X	X		
JSB Industries	Smart Choice Muffin Tops, Chocolate Chip, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	1.0	5.3%	0	200	2	15.0	26.5%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 57670; Case UPC 100-33547-57670. 73.3% whole grain.	8/6/13	X	X	X		
JSB Industries	Smart Choice Muffin Tops, Chocolate Chocolate Chip, Individually Wrapped, 2 oz	2 oz	57	WGR	150	5.0	30.0%	1.5	9.0%	0	180	2	13.0	22.9%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 57633; Case UPC 100-33547-57633. 73.2% whole grain.	8/6/13	X		X		
JSB Industries	Smart Choice Whole Grain Cornbread, Individually Wrapped, 2 oz	2 oz	57	WGR	170	6.0	31.8%	1.0	5.3%	0	160	1	11.0	19.4%	X	X	X	Costa, Hallsmith Sysco, HPC, Sysco CT, US Food Service	Item 51605; Case UPC 100-33547-51605. 65.7% whole grain.	8/6/13	X	X	X		
Kellogg's	Eggo Nutri-Grain Waffles, Made with Whole Wheat, 2 waffles	2.5 oz	70	None	170	6.0	31.8%	1.5	7.9%	0	400	3	3.0	4.3%	X	X	X	retail item	UPC 0-38000-40370-5; Case UPC 000-38000-56512-0. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	7/29/13	X	X	X	X	

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Kellogg's	Pastries, Made with Whole Grain, Frosted Brown Sugar Cinnamon, 1.76 oz (1 pastry)	1.76 oz	50	?	180	2.5	12.5%	1.0	5.0%	0	190	3	15.0	30.1%	X	X	X	Berkshire, HPC, Thurston, Vistar	UPC 0-38000-55124-6; Case UPC 000-38000-55122-2	7/29/13	X	X	X	X	
Kellogg's	Pop-Tarts Toaster Pastries, Made with Whole Grain, Frosted Strawberry, 1.76 oz (1 pastry)	1.76 oz	50	?	180	2.5	12.5%	1.0	5.0%	0	180	3	15.0	30.1%	X	X	X	Berkshire, HPC, Thurston, Vistar	UPC 0-38000-55132-1; Case UPC 000-38000-55130-7	7/29/13	X		X	X	
Lender's	White Whole Grain Bagel, 2 oz	2 oz	57	WGR	140	1.0	6.4%	0.0	0.0%	0	180	1	5.0	8.8%	X	X	X	HPC, M&R, Thurston	00074; Case UPC 000-076800-00074-8; Individually Wrapped (72 count) Code 00075; Case UPC 100-076800-00075-2. 100% whole grain.	8/20/13	X	X	X		X
McKee Foods Corporation	Fieldstone Bakery Apple Delights Pastry, 1.41 oz	1.41 oz	40	?	160	5.0	28.1%	1.5	8.4%	0	125	1	13.0	32.5%	X	X	X	Sysco CT	Item code 9823; UPC 0-24300-09823-9; CAs UPC 000-24300-09823-9	7/25/13	X		X		
McKee Foods Corporation	Fieldstone Bakery Strawberry Delights Pastry, 1.41 oz	1.41 oz	40	?	160	5.0	28.1%	1.5	8.4%	0	125	1	13.0	32.5%	X	X	X	Sysco CT	Item code 9825; UPC 0-24300-09825-3; Case UPC 000-24300-09825-3	7/25/13	X		X		
National Choices, Inc.	Bbar Brownie, 1.5 oz	1.5 oz	43	None	150	5.0	30.0%	1.5	9.0%	0	30	4	13.0	30.6%	X	X	X	Sultana	UPC 7-93573-85277-9. Not WGR. Approved only through June 30, 2014.	7/15/13	X	X	X	X	X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.								
				General Standards	Nutrient Standards																					
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine									
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain	
National Food Group, Inc.	Maple Pancakes, Individually Wrapped, 2.2 oz	2.2 oz	62	None	140	2.5	16.1%	0.5	3.2%	0	280	2	6.0	9.6%	X	X	X	National Food Group, Inc.	Item 49330; Code 66702. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	7/15/13			X			
Neri's Bakery	Kaiser Roll, 2 oz	2 oz	57	None	140	1.5	9.6%	0.0	0.0%	0	300	1	1.0	0.0%	X	X	X	Neri's Bakery	Code 400047 (12/pkg); UPC 0-75150-10650-6. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/7/13	X	X	X			
Neri's Bakery	Sysco Plain Bagel, 1.75 oz	1.75 oz	50	None	140	0	0.0%	0.0	0.0%	0	270	1	4.0	0.0%	X	X	X	Neri's Bakery	<b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/7/13	X	X	X			
Neri's Bakery	Whole Wheat Club Roll, 6 inch, 2.4 oz	2.4 oz	68	None	180	2	10.0%	0.0	0.0%	0	480	3	1.0	0.0%	X	X	X	Neri's Bakery	<b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/7/13	X	X	X			
New York Pretzel	51% Whole Grain Mini Soft Pretzel, 1 oz	1 oz	28	WGR	70	0.5	6.4%	0.0	0.0%	0	25	1	0.0	0.0%	X	X	X	Costa, HPC, M&R, New England Ice Cream	Code 193; Case UPC 107-05318-00193-6.	3/10/14	X	X	X			
New York Pretzel	51% Whole Grain Mini Soft Pretzel, 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	75	3	1.0	1.6%	X	X	X	Costa, HPC, M&R, New England Ice Cream	Code 195; Case UPC 107-05318-00195-0	3/10/14	X	X	X	X		
New York Pretzel	51% Whole Grain Mini Soft Pretzel, 2.2 oz	2.2 oz	62	WGR	140	0.5	3.2%	0.0	0.0%	0	75	3	1.0	1.6%	X	X	X	Costa, HPC, M&R, New England Ice Cream	Code 195; Case UPC 107-05318-00195-0	3/10/14	X	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
New York Pretzel	51% Whole Grain Mini Soft Rods, 1 oz	1 oz	28	WGR	70	0.5	6.4%	0.0	0.0%	0	25	1	0.0	0.0%	X	X	X	Costa, HPC, M&R, New England Ice Cream	Code 194; Case UPC 107-05318-00194-3.	3/10/14	X	X	X		
New York Pretzel	Mini Soft Pretzel, 1.4 oz	1.4 oz	40	None	98	0.4	3.7%	0.0	0.0%	0	25	0	1.0	2.5%	X	X	X	Costa, HPC, M&R, New England Ice Cream	Code 122; Case UPC 107-05318-00122-2. <b>Not WGR. Approved only through June 30, 2014.</b>	7/25/13	X	X	X		
New York Pretzel	Regular Soft Pretzel, 2.5 oz	2.5 oz	71	None	180	1.0	5.0%	0.0	0.0%	0	75	2	1.0	1.4%	X	X	X	Costa, HPC, M&R, New England Ice Cream	Code 102; Case UPC 107-05318-00102-2. <b>Not WGR. Approved only through June 30, 2014.</b>	7/25/13	X	X	X		
Pinnacle Foods	Aunt Jemima French Toast made with whole grain, 2.43 oz (1 piece)	2.43 oz	69	WGR	120	2.5	18.8%	1.0	7.5%	0	180	2	3.5	5.1%	X	X	X	HPC, M&R, Thurston	Code 43583; Case UPC 000-019600-43583-9. <b>Approval is for 1 piece only.</b> Two pieces exceed the standards.	8/20/13	X	X	X		X
Pinnacle Foods	Aunt Jemima Pancakes made with whole grain, 1.14 oz (1 piece)	1.14 oz	32	WGR	160	4.0	22.5%	0.3	1.9%	0	130	1	3.3	10.2%	X	X	X	HPC, M&R, Thurston	Code 43582; Case UPC 000-019600-43582-2. <b>Approval is for 2 pieces only.</b>	8/20/13	X	X	X		X
Pinnacle Foods	Aunt Jemima Waffles made with whole grain, 1.39 oz (1 piece)	1.39 oz	39	WGR	100	3.0	27.0%	0.5	4.5%	0	245	1	2.0	5.1%	X	X	X	HPC, M&R, Thurston	UPC 000-019600-43577-8. <b>Approved only through June 30, 2014, due to sodium content. Approval is for 1 piece only. Two</b>	8/20/13	X	X	X		X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Rich Products Corporation	Cinnamon Roll Dough Made with Whole Grain (51%), Ready to Bake, 1.25 oz	1.25 oz	35	WGR	80	0.5	5.6%	0.0	0.0%	0	35	1.67	5.0	14.1%	X	X	X	InFusion Sales Group, HPC	Code 10204; Case UPC 000-49800-10204-0. Baked weight is 1.15 oz.	7/25/13	X		X		
Rich Products Corporation	Farm Rich Apple Sticks, 5 pieces	2.96 oz	84	FG but not WGR	180	5	25.0%	1.0	5.0%	0	400	0	11.0	13.1%	X	X	X	InFusion Sales Group, Thurston	Code 67240; Case UPC 100-41322-67240-4. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	7/25/13	X		X		
Rich Products Corporation	Fresh 'N Ready Cinnamon Roll, Ready to Bake, 1.25 oz	1.25 oz	35	None	100	2.5	22.5%	0.5	4.5%	0	150	1.64	6.0	16.9%	X	X	X	InFusion Sales Group	UPC 000-49800-07760-7. Baked weight is 1.15 oz. <b>Not WGR. Approved only through June 30, 2014.</b>	7/25/13					
Rich Products Corporation	Ultimate Breakfast Round (UBR) Cinnamon, 100% whole grain, 1.5 oz	1.5 oz	43	WGR	150	4	24.0%	1.0	6.0%	0	130	4	11.0	25.9%	X	X	X	InFusion Sales Group, HPC, Thurston, Sysco CT	Code 07943; Case UPC 000-49800-07943-4	2/21/14	X		X	X	X
Ruiz Foods	Tornados, Apple Cinnamon, 3 oz	3 oz	85	None	180	4.5	22.5%	0.5	2.5%	0	95	0	8.0	9.4%	X	X	X	PFG Springfield, Sysco CT	Code 86713. <b>Not WGR. Approved only through June 30, 2014.</b>	8/1/13	X				
S.A. Piazza & Associates, LLC	Wild Mike's Ultimate Pizza Whole Grain Maple-filled 4.5-inch Bread Stick, 1.4 oz	1.4 oz	40	WGR	120	2.5	18.8%	1.0	7.5%	0.0	140	1	9	22.7%	X	X	X	Food for Thought, M&R, New England Ice Cream, Thurston	Bulk 10004; UPC 0-7862-10004-4. Individually Wrapped 10005; UPC 0-78642-10005-1	8/5/13	X		X		
Sara Lee Foodservice	Sara Lee Whole Grain Double Chocolate Muffin, Individually Wrapped, 2 oz	2 oz	57	WGR	180	6	30.0%	1.5	7.5%	0	120	2	15.0	26.5%	X	X	X	M&R	UPC 0-32100-08862-6; Case UPC 100-32100-08862-3. <b>Approved only through June 30, 2015 (contains partially hydrogenated oils).</b>	5/6/14			X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.								
				General Standards	Nutrient Standards																					
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine									
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain	
SJB Bagel Makers of Boston	Finagle a Bagel Cinnamon Raisin Bagel, 2.3 oz	2.3 oz	65	None	190	1	4.7%	0.0	0.0%	0	230	3	12.0	18.4%	X	X	X	HPC	Code BB-3002SL. <b>Not WGR. Approved only through June 30, 2014.</b>	8/2/13	X	X	X	X		
SJB Bagel Makers of Boston	Finagle a Bagel Cinnamon Swirl Bagel, 2.3 oz	2.3 oz	65	None	190	1	4.7%	0.0	0.0%	0	260	3	9.0	13.8%	X	X	X	HPC	Code BB-3020SL. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X	X	X		
SJB Bagel Makers of Boston	Finagle a Bagel Everything Bagel, 2.3 oz	2.3 oz	65	None	180	1	5.0%	0.0	0.0%	0	400	3	7.0	10.7%	X	X	X	HPC	Code BB-3005SL. Not WGR. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X	X	X		
SJB Bagel Makers of Boston	Finagle a Bagel Plain Bagel, 2.3 oz	2.3 oz	65	None	180	0.5	2.5%	0.0	0.0%	0	260	3	7.0	10.7%	X	X	X	HPC	Code BB-3000SL. <b>Approved only through June 30, 2014, due to sodium content and not WGR.</b>	8/2/13	X	X	X	X		
SJB Bagel Makers of Boston	Finagle a Bagel Sesame Bagel, 2.3 oz	2.3 oz	65	None	190	1	4.7%	0.0	0.0%	0	260	3	7.0	10.7%	X	X	X	HPC	Code BB-3001SL. <b>Approved only through June 30, 2014, due to sodium content and not WGR</b>	8/2/13	X	X	X	X		
SJB Bagel Makers of Boston	Finagle a Bagel Whole Wheat Bagel, 2.3 oz	2.3 oz	65	?	190	3	14.2%	0.0	0.0%	0	230	5	7.0	10.7%	X	X	X	HPC	Code BB-3007SL.	2/18/14	X	X	X	X	X	
Sky Blue Foods	Corn Muffin, 100% Whole Wheat, 1.5 oz	1.5 oz	43	WGR	140	4.5	28.9%	1	6.4%	0	130	2	9.0	21.2%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code CBLD196; UPC 8-56756-00305-1	8/5/13	X	X	X		X	

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Sky Blue Foods	Jalapeno Corn Muffin, 100% Whole Wheat, 1.5 oz	1.5 oz	43	WGR	130	4.5	31.2%	1	6.9%	0	130	2	8.0	18.8%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code JCBLD196; UPC 8-56756-00360-1	8/5/13	X	X	X		
Sky Blue Foods	Mini Whole Wheat Breakfast Bun, 51% whole wheat, 1.6 oz	1.6 oz	45	WGR	140	5	32.1%	1	6.4%	0	210	2	6.0	13.2%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code MWB5180; UPC 8-94922-86826-8	9/25/13	X	X	X		
Sky Blue Foods	Simply Banana Muffin, 66% Whole Wheat, 1.6 oz	1.6 oz	45	WGR	140	3.5	22.5%	0.5	3.2%	0	140	1	12.0	26.5%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code WMBAN196; UPC 8-56756-00337-2	8/5/13	X	X	X		
Sky Blue Foods	Simply Blueberry Muffin, 66% Whole Wheat, 1.6 oz	1.6 oz	45	WGR	140	4	25.7%	0.5	3.2%	0	140	1	11.0	24.3%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code WMBLU196; UPC 8-56756-00338-9	8/5/13	X	X	X		
Sky Blue Foods	Simply Strawberry Muffin, 66% Whole Wheat, 1.6 oz	1.6 oz	45	WGR	140	3.5	22.5%	0.5	3.2%	0	135	1	12.0	26.5%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code WMSTW196; UPC 8-56756-00339-6	8/5/13	X	X	X		
Sky Blue Foods	Simply Tutti-Frutti Blueberry & Banana Muffin, 66% Whole Wheat, 1.6 oz	1.6 oz	45	WGR	140	3.5	22.5%	0.5	3.2%	0	135	1	11.0	24.3%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code WMBLBN196; UPC 8-56756-00330-3	8/5/13	X	X	X		
Sky Blue Foods	Simply Tutti-Frutti Strawberry & Banana Muffin, 66% Whole Wheat, 1.6 oz	1.6 oz	45	WGR	140	3.5	22.5%	0.5	3.2%	0	140	1	12.0	26.5%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code WMSTBN196; UPC 8-56756-00335-8	8/5/13	X		X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Sky Blue Foods	Zucchini Carrot Mini Muffin, 63% Whole Wheat, 1.7 oz	1.7 oz	48	WGR	140	4	25.7%	0.5	3.2%	0	140	1	12.0	24.9%	X	X	X	Sky Blue Foods, HPC, M&R, Sysco CT, Thurston	Code ZBLA196; UPC 8-56756-00343-3	8/5/13	X		X		
Super Bakery	Snack & Smile Apple Cinnamon Mini Loaf, 2 oz	2 oz	57	None	190	7.0	33.2%	1.5	7.1%	0	210	0	15.0	26.5%	X	X	X	InFusion Sales	Code 6035; UPC 0-91464-60350-0. <b>Not WGR. Approved only through June 30, 2014.</b>	7/18/13	X		X		
Super Bakery	Snack & Smile Muffin Banana, 1.8 oz	1.8 oz	51	None	150	3.5	21.0%	1.0	6.0%	0	180	0	15.0	29.4%	X	X	X	InFusion Sales	Code 9042; UPC 0-91464-90420-1. <b>Not WGR. Approved only through June 30, 2014.</b>	7/18/13	X		X		
Super Bakery	Snack & Smile Muffin Blueberry, Recued Fat, 1.8 oz	1.8 oz	51	None	160	3.5	19.7%	1.0	5.6%	0	190	0	15.0	29.4%	X	X	X	InFusion Sales	Code 9040; UPC 0-91464-90400-3. <b>Not WGR. Approved only through June 30, 2014.</b>	7/18/13	X		X		
Super Bakery	Super Stars Powdered, 51% Whole Grain, 1.3 oz	1.3 oz	37	WGR	100	2.5	22.5%	0.5	4.5%	0.0	150	1	7	19.0%	X	X	X	InFusion Sales Group	Code 9202; UPC 0-91464-92020-1	7/18/13	X	X	X		
Super Bakery	Ultra Energy 100% Whole Wheat Protein Energy Squares, 1.1 oz	1.1 oz	31	WGR	100	2.5	22.5%	0.0	0.0%	0.0	95	1	8	25.7%	X	X	X	InFusion Sales	Code 6081, UPC 0-91464-60810-9. <b>Manufacturer discontinuing as of July 1, 2014.</b>	7/18/13	X	X	X		X

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine								
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
Super Bakery	Ultra Power Breakfast, 51% Whole Grain, 1.9 oz	1.9 oz	54	WGR	150	5.0	30.0%	1.5	9.0%	0.0	200	1	12	22.3%	X	X	X	InFusion Sales Group	Code 18100; UPC 0-91464-18100-8	7/18/13	X	X	X		
Super Bakery	Ultra Power Cocoa Breakfast, 51% Whole Grain, 1.9 oz	1.9 oz	54	WGR	140	4.5	28.9%	1.5	9.6%	0.0	170	1	11	20.4%	X	X	X	InFusion Sales Group	Code 18200; UPC 0-91464-18200-5	7/18/13	X	X	X		
Super Bakery	Ultra Stuffer, Cream Cheese & Strawberry Jelly, Individually Wrapped, 2.5 oz	2.5 oz	71	WGR	190	5.0	23.7%	2.0	9.5%	0.0	190	2	12	16.9%	X	X	X	M&R, Thurston	Code 3334; UPC 0-91464-33340-7. 55% whole grain	11/25/13	X	X	X		
The Father's Table	Ultra Loco Bread Soft Flat Bread, 1.96 oz	1.96 oz	56	WGR	130	1	6.9%	0.5	3.5%	0	140	3	1.0	1.8%	X	X	X	HPC, M&R, Sysco CT	Code 01188; UPC 0-45059-01188-1	7/18/13	X	X	X	X	
United Baking Company	Uncle Wally's Whole Grain Apple Cinnamon Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	150	1	11.0	21.6%	X	X	X	Costa, J. Kings	Item 73182	8/5/13	X	X	X		
United Baking Company	Uncle Wally's Whole Grain Banana Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	160	1	12.0	23.5%	X	X	X	Costa, J. Kings	Item 72182	8/5/13	X	X	X		
United Baking Company	Uncle Wally's Whole Grain Blueberry Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	160	1	11.0	21.6%	X	X	X	Costa, J. Kings	Item 71182	8/5/13	X	X	X		
United Baking Company	Uncle Wally's Whole Grain Chocolate Chip Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	170	6	31.8%	1.5	7.9%	0	150	1	12.0	23.5%	X	X	X	Costa, J. Kings	Item 75182	8/5/13	X	X	X		
United Baking Company	Uncle Wally's Whole Grain Corn Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	160	5	28.1%	1.0	5.6%	0	180	1	14.0	27.4%	X	X	X	Costa, J. Kings	Item 74182	8/5/13	X	X	X		

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes

BAKED GOODS including pastries, toaster pastries, muffins, bagels, rolls, breads, soft pretzels, french toast, waffles, pancakes				SNACKS														Better Choice Recommendations Choose products that meet all five recommendations.							
				General Standards	Nutrient Standards																				
					1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	No more than 200 calories		No more than 35 percent of total calories		Less than 10 percent of total calories	Less than 0.5 g	No more than 230 mg		No more than 15 g	No more than 35 percent by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes						No caffeine		
Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	Percent Calories from Fat	Saturated Fat (g)	Percent Calories from Saturated Fat	Trans Fat (g)	Sodium (mg)	Fiber (g)	Total Sugars (g)	Percent Sugars by Weight	Standard Met = X	Standard Met = X	Standard Met = X	Vendor	Notes	Date Reviewed	No partially hydrogenated oils	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	100% whole grain
United Baking Company	Uncle Wally's Whole Grain Orange Cranberry Muffin, Individually Wrapped, 1.8 oz	1.8 oz	51	WGR	150	4.5	27.0%	1.0	6.0%	0	150	1	12.0	23.5%	X	X	X	Costa, J. Kings	Item 76182	8/5/13	X	X	X		
Wenner	White Whole Wheat Breadsticks, Par-Baked, 1.5 oz	1.5 oz	43	?	90	0	0.0%	0.0	0.0%	0	150	2	1.0	2.4%	X	X	X	HPC,M&R, Sysco CT, Thurston	Code 31529; UPC 76489-31529	7/24/13	X	X	X		
Wenner	White Whole Wheat Diamond Dinner Rolls, Frozen Dough (Proof and Bake),1.9 oz	1.9 oz	54	?	130	1.5	10.4%	0.5	3.5%	0	250	3	2.0	3.7%	X	X	X	City Line, HPC, M&R, Thurston	Code E-60970; UPC 76489-58930. Cooked weight is 1.9 ounces. Approved only through June 30, 2014 (sodium content).	7/24/13	X	X	X		
Wenner	White Whole Wheat Dinner Rolls, Frozen Dough (Proof and Bake), 1.25 oz	1.25 oz	35	?	90	1	10.0%	0.0	0.0%	0	170	2	2.0	5.6%	X	X	X	City Line, HPC, M&R, Thurston	Code 4230; UPC 76489-04230. Cooked weight is 1.31 ounces.	7/24/13	X	X	X		
Wenner	White Whole Wheat Kaiser Rolls, Frozen Dough (Proof and Bake), 2 oz	2 oz	57	?	120	1.5	11.3%	0.5	3.8%	0	220	2	2.0	3.5%	X	X	X	City Line, HPC, M&R, Thurston	Code 4711; UPC 76489-04711. Cooked weight is 1.73 ounces.	7/24/13	X	X	X		
Wenner	White Whole Wheat Mini Duchess Dinner Rolls, Frozen Dough (Proof and Bake), 1.25 oz	1.25 oz	35	?	130	1.5	10.4%	0.5	3.5%	0	250	3	2.0	5.6%	X	X	X	City Line, HPC, M&R, Thurston	Code E-58940; UPC 76489-58940. Cooked weight is 1.05 ounces. Approved only through June 30, 2014, due to sodium content.	7/24/13	X	X	X		
Wenner	Whole Wheat Dinner Rolls, Frozen Dough (Par-Bake), 1.25 oz	1.25 oz	35	?	80	1	11.3%	0.0	0.0%	0	170	2	1.0	2.8%	X	X	X	City Line, HPC, M&R, Thurston	Code 11203; UPC 76489-11203. Cooked weight is 1.23 ounces.	7/24/13	X	X	X		